



## *Resource Guide*

This information is provided as a service to residents of Crow Wing County. It is neither a recommendation nor an endorsement by Crow Wing County Community Services, as to the quality of service provided by any organization listed.

## TABLE OF CONTENTS

Adult Day Service .....	3
Advocacy Information/Statewide Resources .....	3
Clinics.....	4
Companion Services.....	4
Customized Living Services .....	16 & 17
Emergency Response Units.....	4
Energy Assistance Programs.....	5
Financial/Employment .....	5
Fitness.....	5
Foster Care Services for Adults .....	6
Home Care Agencies / PCA Services .....	6
Hospice Services .....	7
Legal Assistance.....	7
LGBT Resources .....	7
Medical Miscellaneous.....	8
Medical Supplies .....	8
Mental Health Resources .....	9
Nursing Homes.....	10
Nutrition Services.....	11
Respite Services .....	12
Senior Centers & Senior Groups.....	12
Senior Housing .....	13
Social Service Agencies .....	14
Support Groups for Caregivers .....	14
Telecare .....	14
Transportation Services.....	15
Veteran's Resources .....	15
Volunteer Services .....	16

### **ADULT DAY SERVICES**

Breath of Life.....(218) 822-3296  
(Woodland Good Samaritan Campus)

Cummings Treasured Time Adult Day Center .....(218) 232-7557  
[www.treasuredtime.embarqspace.com](http://www.treasuredtime.embarqspace.com) or .....(218) 546-5071

Heritage House .....(218) 568-4673  
5384 Country Care Lane, Pequot Lakes

Senior Class Care – Pequot Lakes.....(218) 568-5605  
4451 East Woodman Street, Pequot Lakes

### **ADVOCACY INFORMATION/STATEWIDE RESOURCES**

Disability Linkage Line.....(866) 333-2466

Long Term Care Ombudsman.....(800) 657-3591  
or .....(218) 855-8587

Senior Care Consulting.....(218) 839-2869  
[www.seniorcareconsulting.com](http://www.seniorcareconsulting.com)

Senior Linkage Line .....(800) 333-2433

Tenants Hotline (Information and Advocacy for Tenants).....(866) 866-3546

Veteran’s Linkage Line .....(888) 546-5838

Vulnerable Adult Reporting .....(844) 880-1574

Women’s Shelter .....(218) 828-1216

Web based directory of statewide senior help [www.MinnesotaHelp.info](http://www.MinnesotaHelp.info)

**CLINICS**

Essentia Health St Joseph’s, Brainerd/Baxter Clinic - Info ... (218) 829-7100  
Essentia Health St Joseph’s, Brainerd/Baxter Clinic - Appts.. (218) 828-2880  
Cuyuna Regional Medical Center - Clinic..... (888) 420-2778  
or ..... (218) 546-7462  
Crosslake Clinic ..... (218) 692-1010  
Lakewood Clinic, Pillager ..... (218) 746-4550  
Pequot Family Clinic ..... (218) 568-4416  
Pine River Family Clinic ..... (218) 587-4416  
Riverwood Healthcare Center, Aitkin ..... (218) 927-2157  
Veterans Administration Outpatient Clinic, Brainerd ..... (218) 855-1115

**COMPANION SERVICES**

Lutheran Social Services (Marcia Ferris) ..... (218) 839-6650

**EMERGENCY RESPONSE UNITS**

Cuyuna Regional Medical Center ..... (800) 698-2311  
Or ..... (218) 546-7000  
Knute Nelson Home Care..... (218) 454-1542  
PAL Medical Systems ..... (800) 852-6575  
Good Samaritan Home Care..... (218) 963-9452  
CentraCare Health ..... (320) 251-2700 – Ext 2  
Recover Health ..... (218) 316-3444  
VRI ..... (888) 526-1456

**ENERGY ASSISTANCE PROGRAMS**

Rural Housing Repair & Rehabilitation Loans & Grants ..... (218) 829-5965  
(Home Repairs) Ext 4

Lutheran Social Services..... (218) 829-5000

Tri-CAP ..... (320) 632-3691

TCC ..... (218) 829-2410

**FINANCIAL/EMPLOYMENT**

Bridges of Hope ..... (218) 825-7682  
Or ..... (888) 750-2682

Crow Wing County Employment and Economic Services .... (218) 824-1250  
(Food Support, Cash Assistance, Medical Assistance)

Experience Works (jobs for 55 & older) ..... (218) 454-0610

Hoge & Company, Representative Payee of Greater MN..... (218) 772-0289

LSS Financial and Mortgage Counseling ..... (888) 577-2227

Social Security Administration ..... (866) 331-9087  
8331 Brandon Road, Baxter

Thrivent Financial Certified LTC Advisor ..... (218) 454-8272  
(Tara Hemsing Voitalla, CLTC®, FIC)

Work Force Center ..... (218) 828-2450

**FITNESS**

Curves – Nisswa..... (218) 963-0100

It Figures – Brainerd ..... (218) 822-3302

It Figures – Pequot Lakes..... (218) 568-6060

Y.M.C.A. .... (218) 829-4767

FitQuest - Brainerd..... (218) 829-6453

Hallett Community Center – Crosby ..... (218) 546-2616

**FOSTER CARE SERVICES FOR ADULTS**

Crow Wing County Social Services..... (218) 824-1140

**HOME CARE AGENCIES**

Accra Home Care ..... (218) 270-5905

324 East River Road - Apt 213, Brainerd

Barnabas ..... (218) 829-0901 or (800) 434-7225

223 Washington Street, Brainerd

Comfort Keepers ..... (218) 829-2424

Divine Home Care ..... (320) 632-2260

50 ½ East Broadway, Little Falls

Grattan Health Care ..... (800) 470-1326

Good Neighbor ..... (218) 829-9238

14387 Edgewood Drive, Baxter

Good Samaritan Home Care..... (218) 963-9452

25372 Smiley Road, Nisswa

Home Health Partnership ..... (218) 546-2311 or (800) 698-2311

320 Main Street, Crosby

Home Instead Senior Care (Deb Cranny) ..... (218) 824-0077

108 South 6<sup>th</sup> Street, Brainerd

Horizon Home Health, Inc ..... (320) 468-6451

26814 143<sup>rd</sup> Street, Pierz

Knute Nelson Home Care and Hospice ..... (218) 454-1542

15175 Edgewood Drive, Suite 160, Baxter

MN Home Care ..... (218) 963-8899

14475 Edgewood Drive, Baxter

Recover Health ..... (218) 316-3444

15 Washington Street, Brainerd

Senior Class Care ..... (218) 568-5605

4451 East Woodman St, Pequot Lakes

**PERSONAL CARE SERVICES ONLY**

Achieve Healthcare ..... (218) 829-9497

7850 Riverdale Drive, Suite D, Ramsey

Advantage..... (218) 838-4543

Grattan Health Care ..... (800) 470-1326

### **HOSPICE SERVICES**

Good Samaritan Hospice .....	(218) 963-9452
Home Health Partnership.....	(800) 698-2311
Heartland Hospice .....	(218) 829-1252
Knute Nelson Home Care.....	(218) 454-1542
St Croix Hospice.....	(218) 203-9891
Horizon Health, Inc .....	(320) 468-6451

### **LEGAL ASSISTANCE**

Attorney General's Office - Consumer Division .....	(800) 657-3787
Legal Aid – Crow Wing County (60+) .....	(888) 360-2889
Or .....	(218) 829-9345

### **LGBT RESOURCES**

GLBT National Help Center National Hotline .....	(888) 843-4564
Free & Confidential Peer Support	<a href="http://www.glbthotline.org">www.glbthotline.org</a>
First Congregational United Church of Christ .....	(218) 829-2528
415 Juniper Street, Brainerd	
Central Minnesota PFLAG.....	St Cloud Library
Meets the first Monday of each month	
SAGE: Services and Advocacy for GLBT Elders .....	<a href="http://www.sageusa.org">www.sageusa.org</a>

**MEDICAL MISCELLANEOUS**

Audiology Services

- CRMC ..... (218) 546-7462  
Or..... (888) 420-2778
- Essentia Health..... (218) 828-2880  
Or..... (800) 277-8262
- Expressions Shoe Center (fit diabetic shoes) ..... (800) 797-8447
- The Feet People (fit diabetic and orthopedic shoes/inserts).... (218) 822-3026
- Hear Now ..... (800) 328-8602 (ask for Hear Now)  
Hearing Aids for \$125 each for those with no other means/payers
- Helping You Hear ..... (218) 855-1247  
601 NW 5<sup>th</sup> Street, Suite 5, Brainerd
- State Services for the Hearing Impaired..... (320) 255-3707  
Toll Free Voice..... (800) 456-3690  
Toll Free TTY..... (888) 488-3909  
Video Phone (for signing) ..... (320) 255-3502
- State Services for the Blind ..... (800) 366-5420

**MEDICAL SUPPLIES**

- ActivStyle..... (800) 651-6223
- Aitkin Medical Supply ..... (218) 927-3113  
Or..... (800) 488-9127
- Brainerd Medical Supply ..... (218) 829-2100
- North Central Medical Supply ..... (218) 825-7331  
Or ..... (888) 577-7331
- NuMotion ..... (320) 259-7700  
65 – 3<sup>rd</sup> Street NE, Waite Park, MN 56387 ..... fax: (320) 251-2075
- Specialty Home Medical..... (218) 828-4710  
Or ..... (800) 450-4710



**MENTAL HEALTH**

- Essentia Health – St Joseph’s Medical Center (Grace Unit)....(218) 828-7437  
Inpatient psych unit (not geriatric specific) – short term stay to stabilize behaviors.
- LSS Counseling Center.....(218) 828-7379  
Counseling Services
- Lakewood Health System – Staples (Reflections Unit) .....(218) 894-8200  
Inpatient geriatric psych unit – short term stay to stabilize behaviors
- Northern Pines Mental Health Center .....(218) 829-3235  
Psychiatric services, therapy, ARMHS program
- Northern Psychiatric Associates .....(218) 454-0090  
Psychiatric services, therapy
- Nystrom & Associates .....(218) 829-9307  
Psychiatric services, therapy, ARMHS program
- Senior Behavioral Health (Bemidji) .....(218) 333-0323  
Inpatient geriatric psych unit – short term stay to stabilize behaviors
- Mille Lacs Health System – Onamia (Senior Care Unit).....(320) 532-2750  
Inpatient geriatric psych unit – short term stay to stabilize behaviors
- The Crisis Line.....(800) 462-5525  
Or.....(218) 829-HELP (4357)
- The Insight Network .....(218) 839-3095  
In-home counseling services
- Neuro-Cognitive Testing for Dementia
- Dr Julie Eggers-Huber .....(218) 894-8852  
Lakewood Health System, Staples
- Dr Jeffrey Kearney.....(320) 258-3833  
St Cloud Neurobehavioral Associates
- CentraCare .....(320) 252-5131  
St Cloud
- University of Minnesota Neurology Department .....(612) 626-3217

## NURSING HOMES

### Aitkin

Aicota..... (218) 927-2164  
Aitkin Health Services ..... (218) 927-5526

### Brainerd

Bethany ..... (218) 829-1407  
Woodland ..... (218) 829-1429

### Crosby

Cuyuna Regional Care Center..... (218) 546-7000

### Little Falls

Lutheran Home ..... (320) 632-9211  
St. Otto's Care Center ..... (320) 632-9281

### Onamia

Mille Lacs Nursing Home ..... (320) 532-3154

### Pierz

Pierz Villa..... (320) 468-6405

### Pine River

Whispering Pines..... (218) 587-4423

### Staples

Lakewood Health System..... (218) 894-1515

### Wadena

Fair Oaks Lodge ..... (218) 631-1391

### Walker

Golden Living Center..... (218) 547-1855

## **NUTRITION SERVICES**

NAPS (Nutritional Assistance Program for Seniors) .....(218) 326-4420  
Ruby's Pantry (food distribution) .....(651) 674-0009  
    Brainerd Armory 2<sup>nd</sup> Tuesday of each month - \$20 donation

### **Food Shelves:**

Aitkin.....(218) 927-2028  
Brainerd (Salvation Army) .....(218) 829-1120  
    208 S 5<sup>th</sup> St, Brainerd  
Crosslake .....(218) 692-1004  
Cuyuna Range .....(218) 546-7444  
    Or.....(218) 534-9264  
Emily .....(218) 763-3097  
Garrison.....(320) 692-5399  
Lakes Area (Nisswa/Pequot/Breezy/Lakeshore) .....(218) 568-8474  
    Pequot Lakes (Tues & Thurs 9-12)  
Pillager .....(218) 746-4009

### **Meal Programs**

Homestyle Direct .....(866) 735-0921  
    Clients order from a menu and frozen meals are delivered to their door.  
Mom's Meals (private pay) .....(866) 971-6667  
    For those on waiver programs.....(866) 204-6111  
    Clients order from a menu and two weeks of meals are delivered to their door  
NSI.....(507) 835-5074  
    Or .....(218) 546-5855  
Senior Dining, Brainerd (LSS) .....(218) 824-6026  
Senior Dining, Crosslake .....(218) 692-4271  
Senior Dining, Cuyuna Range Community Center (NSI) .....(218) 546-5855  
Senior Dining, Dellwood Center, Crosby (NSI).....(218) 546-5943  
SNAP Food Support Program (formerly Food Stamps).....(218) 824-1250  
Brainerd First Lutheran Church.....(218) 829-9552  
Brainerd First Baptist Church .....(218) 829-5767  
Care 'N Share Café (Emily Wesleyan Church).....(218) 763-4376  
Sharing Bread Soup Kitchen (Temple Baptist Church) .....(218) 829-4203  
LSS Meals on Wheels (Pequot, Nisswa, Pine River, Breezy) (218) 587-2921

**RESPITE SERVICES**

LSS Respite .....(218) 820-8144  
Sliding fee scale, volunteers

Please see Home Care section for in-home respite.

Please see Customized Living section for out-of-home respite.

**SENIOR CENTERS & SENIOR GROUPS**

The Center ..... (218) 829-9345  
803 Kingwood Street, Brainerd

Crosby-Ironton Senior Club ..... (218) 546-5010

## SENIOR HOUSING

### **Baxter:**

Autumn Glen & Arbor Glen..... (218) 829-8751  
Excelsior Court Apartments ..... (218) 824-8403

### **Brainerd:**

Mississippi Terrace Apartments ..... (218) 829-0274  
Northern Lights Apartments ..... (800) 466-7722  
NorthStar Apartments (Brainerd HRA) ..... (218) 828-3705  
Oakcrest II Apartments..... (218) 824-8403  
Oakcrest Manor ..... (218) 828-3183

### **Crosby:**

Edgewood/Dellwood Apartments (Crosby HRA) ..... (218) 546-5088

### **Deerwood:**

Woodland & Indian Carry Apartments ..... (218) 545-5171

### **Ironton:**

Ironton Terrace & Ironton Villa Apartments ..... (218) 546-6886

### **Nisswa:**

Pine Shadow Apartments ..... (218) 824-8403

### **Pequot Lakes:**

Sibley Terrace & Parkview Apartments..... (218) 568-4555

LSS Hope Housing ..... (218) 824-1437

716 'E' Street, Brainerd

### **Subsidized Housing**

Brainerd ..... (218) 828-3705

Crosby ..... (218) 546-5088

Deerwood and Ironton ..... (218) 546-7434

Pequot Lakes..... (218) 568-4555

**SOCIAL SERVICE AGENCIES**

Aitkin County .....	(218) 927-3744
Cass County .....	(218) 547-1340
Crow Wing County.....	(218) 824-1140
Toll Free .....	(888) 772-8211
Mille Lacs County .....	(320) 983-8208
Morrison County .....	(320) 632-2951

**SUPPORT GROUPS FOR CAREGIVERS**

Bethany Good Samaritan .....	(218) 829-1407
Caregiver’s Support Group.....	(218) 829-9238
Parkinson’s Support Group.....	(218) 828-4700
TBI Support Group .....	(218) 829-4492
<u>Memory Loss Support Groups:</u> 4 <sup>th</sup> Wednesday of every month	
Home Instead (Karen Ford) .....	(651) 492-3600
108 South 6 <sup>th</sup> Street, Brainerd 11:30-12:30 am	
Heartwood Senior Living (Tammy Jo Johnson) .....	(218) 545-8522
500 Heartwood Drive, Crosby 3:00-4:00 pm	

**TELECARE**

Good Samaritan Telehealth .....	(218) 963-9452
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## TRANSPORTATION SERVICES

### Health Plan Rides

Blue Ride (BC/BS).....	(866) 340-8648
Medica Provide-a-Ride .....	(800) 601-1805
UCare Healthride.....	(800) 864-2157
Care Cab (Medical).....	(800) 450-4227
Crow Wing County Transit .....	(866) 925-7433
Dial-a-Ride.....	(218) 825-7433

### Brainerd

Formal Driver Evaluations (generally a charge for this and require a MD referral)

St Cloud .....	(651) 297-3298
Duluth.....	(218) 786-5364

For more information call the Brainerd Exam Station (218)828-3489  
Or St Cloud Exam Station (320-255-3044) and ask to speak to a  
Supervisor.

Medivan (Medical) .....	(800) 422-0976
Peoples Express .....	(800) 450-0123
Staples	
Pequot Lakes Senior Citizen Van .....	(218) 568-9366
Road to Recovery (cancer related rides only) .....	(866) 460-6550
Veteran's Service Office (veterans only) .....	(218) 824-1058
Veteran's Van (to Brainerd VA Clinic).....	(800) 247-1739 Ext 7622
Van to Abbott Hospital .....	(800) 258-1210

## VETAN'S RESOURCES

Brainerd VA Clinic .....	(218) 855-1115
Crow Wing County Veterans Service Office .....	(218) 824-1058
LinkVet .....	(888) 546-5838
<a href="https://linkvet.custhelp.com">https://linkvet.custhelp.com</a>	
St Cloud VA Health Care System .....	(320) 252-1670
Or.....	(800) 247-1739

**VOLUNTEER SERVICES**

- Lakes Area Interfaith Caregivers.....(218) 820-7454  
Volunteers who might be able to help you
- RSVP Volunteer Service .....(218) 824-1345  
Volunteer opportunities for you to help others

**CUSTOMIZED LIVING SERVICES**

- Almond House (20 bed home)..... (218) 825-9255  
802 SE 28<sup>th</sup> St, Brainerd
- Almost Home (7 – 4plex apartments)..... (218) 822-3067  
710 SE 28<sup>th</sup> St, Brainerd
- Bethany Good Samaritan Apartments ..... (218) 829-4366  
1953 South 7<sup>th</sup> Street, Brainerd
- Birchwood Samaritan House ..... (218) 855-6636  
2509 Greenwood St, Brainerd
- Carefree Living ..... (218) 829-8622  
2723 Oak St, Brainerd
- Central Minnesota Senior Care (16 bed home) .....(218) 828-4823  
1008 10<sup>th</sup> St S, Brainerd
- Diamond Willow..... (218) 825-7034  
14396 Grand Oaks Dr, Baxter
- Edgewood Vista - Brainerd ..... (218) 828-3691  
14890 Beaver Dam Rd, Brainerd
- Edgewood Vista - Baxter..... (218) 828-4770  
14211 Firewood Drive, Baxter
- Elmwood Samaritan House ..... (218) 828-4770  
2517 Greenwood Street, Brainerd
- Golden Horizons ..... (218) 692-6650  
13631 East Shore Road, Crosslake



**CUSTOMIZED LIVING SERVICES**

**(continued)**

- Hallett Cottages..... (218) 546-6265  
350 – 4<sup>th</sup> Street, Crosby
- Harmony House ..... (218) 828-4142  
218 SW 9<sup>th</sup> Street, Brainerd
- Heartwood Senior Living ..... (218) 546-8500  
500 Heartwood Drive, Crosby
- Heritage House ..... (218) 568-4673  
5384 Country Care Lane, Pequot Lakes
- Hills Crossing Senior Care ..... (218) 961-5605  
5301 Hills Crossing, Nisswa
- Oakwood Samaritan House ..... (218) 855-6637  
2501 Greenwood Street, Brainerd
- Senior Class Care..... (218) 568-5605  
4451 East Woodman Street, Pequot Lakes
- Woodland Good Samaritan Apartments..... (218) 829-1429  
200 Buffalo Hills Lane, Brainerd

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