



## PRESS RELEASE

### FOR IMMEDIATE RELEASE

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Child and Teen Checkups is a state program for those on Medical Assistance, age 20 years and younger. This program promotes regular health screenings and well-child checkups for children each year after the age of 3. Did you know between birth and age 3 kids on the Child and Teen Checkup Program will have had at least 10 preventive checkups? And then once each year from 3-20 years old.

These checkups are available at no cost for children, teens and young adults through the age of 20 who are enrolled in Medical Assistance. These health checkups can meet the requirements for head start, daycare, camps and/or sports.

A comprehensive checkup includes; A head to toe physical exam, hearing and vision screenings, developmental/social emotional screenings, lab tests, immunizations, and dental varnishing for those 5 years and under. Screenings can also include checking for high cholesterol, risky behavior assessment and referrals to a dentist if needed. Parents have the opportunity to ask questions and get answers about their child's health, behaviors and development. Youth older than 12 also have the opportunity to speak with the health care provider alone to address their own concerns.

For more information, along with a current list of participating medical, dental, and eye clinics in Crow Wing County can be found at [www.childandteencheckups.com](http://www.childandteencheckups.com). Schedule an appointment with a participating provider and ask for a Child and Teen Checkups.

Community Services administers more than seventy federal and state benefit and assistance services and programs to residents in Crow Wing County. The Department is dedicated to providing excellent service and efficient management in performing its mission of promoting and protecting the health, well-being and self-sufficiency of all Crow Wing County residents.

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**Our Vision:** Being Minnesota's favorite place.  
**Our Mission:** Serve well. Deliver value. Drive results.  
**Our Values:** Be responsible. Treat people right. Build a better future.

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