



FOR IMMEDIATE RELEASE
DATE: November 18, 2020

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COVID-19 Test at Home Pilot Program Now Available to all Minnesota Residents

The Minnesota Department of Health (MDH) has expanded the no cost COVID-19 Test at Home saliva testing program to all Minnesota residents. You can now order a COVID-19 saliva test online that will be shipped to your home, along with a prepaid package to <https://www.health.state.mn.us/diseases/coronavirus/testsites/athome.html>

“The mail in test option has been show to give quick and accurate results. It offers a convenient method to test for COVID that will further reduce the risk of exposure.” said Public Health Supervisor Michelle Moritz. “I encourage anyone that has symptoms or a known contact with positive case to test and help slow the spread by isolating at home. Hopefully having people know their COVID status can help prevent additional exposures and bring down the rising positive case rate.”

When you are ready to take the test, you will log onto a website and do a video visit with a health care provider so they can give you instructions and make sure you do the test the right way. You then send the test to the lab in Oakdale, Minnesota, using the prepaid package. Once it arrives at the lab, you will get your test results by email as soon as 24-48 hours.

The saliva test is just as accurate as the nasal swab test and is also used at in-person [COVID-19 community saliva testing](#) locations across the state.

- **The saliva tests checks whether you have COVID-19 right now** and can spread it to others. It is not an antibody test that looks for whether you have had COVID-19 in the past.
- **Both adults and children can use these tests.** An adult 18 or older must request a test for a child. Separate email addresses and identification is needed for each test kit requested.
- **You can request up to five tests per household** through the website.
- **Saliva testing may not be right** for those with low saliva production, such as children under age 4 or someone who has suffered a stroke.
- **Testing is at no cost** for every Minnesotan, whether or not you have insurance. If you do have insurance, you will need to provide your information so your insurance company can pay for your test. If your insurance does not pay for COVID-19 tests or does not pay enough, the state will cover the cost. If you do not have insurance, the state will pay for your test. You will not receive a bill.
- For more information and to order a test visit <https://www.health.state.mn.us/diseases/coronavirus/testsites/athome.html>

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Our Vision: Being Minnesota's favorite place.

Our Mission: Serve well. Deliver value. Drive results.

Our Values: Be responsible. Treat people right. Build a better future.